



## **Emergency U-Turns**

Can be very helpful for Reactive dogs. This exercise practices turning away from a trigger and moving to a manageable distance.

Steps to Teaching an Emergency U-Turn:

1. Start loose leash walking with your dog in a low distraction environment.
2. Say your dog's name, put a treat in front of your dog's nose, and take a step backwards, luring your dog to follow suit. As soon as your dog begins turning to follow the treat, click, but continue to lure for two additional steps before feeding the treat.
3. Return to loose leash walking forward with your dog.
4. Say your dog's name and back up, while holding the treat out in front of you. As soon as your dog begins to turn, click, and again treat once you have taken two steps back with your dog facing you.
5. Repeat steps two and three several times.
6. Return again to loose leash walking forward.
7. Say your dog's name and back up, this time without holding out a treat in your hand. If your dog turns to face you as you back up, click and get a treat out of your pocket/pouch for your dog.
8. Repeat steps 6 and 7 but begin asking your dog to sit in front of you before clicking and giving the treat.
9. Set up in front of a low level distraction. Begin loose leash walking towards the distraction.
10. Say your dog's name and take a step backwards. If your dog follows you for two steps, stop, cue a Sit, and then click and treat.