



Beginner Obedience Homework - Week Three

Practice cues in at least 3 different low distraction environments this week to help them generalize their learning.

Skills to practice:

Puppy Push-ups - Alternate between Sit, Down, and Stand, mixing up the order so your dog has to listen not anticipate. Use “Air Cookies” or hand signals whenever possible - try to avoid continuing to lure with a treat.

Touch - Increase distance and add difficulty such as moving your hand to the side or slightly up or down instead of directly in front of your dog’s face.

Sit Stay & release - Practice Sit Stay with duration only (not distance yet), release with “Okay” or the release word of your choosing. Every single Stay, no matter how long or short, must end with this release word.

Go to Bed - Practice sending your dog to a mat/bed/blanket from a short distance. Deliver treats to the bed itself instead of directly to their mouth.

Side – Starting with your dog facing you, lure them in an arc to bring them to your side. Take a small step back as you lure them to help align them properly.

Doorway Wait - Start asking your dog to Sit at every door and release them through the door with their release word.

Reminder: Bring a mat again next week.